

## Copper Mountain Recreation Soccer Yellow Phase Guidelines

### Restrictions:

- 20 or less participants (coaches and players combined)
  - State guidelines now allow for 50, but exercising an abundance of caution CMSC recommends limiting to 20 and avoiding difficult to manage numbers
  - Exceptions to the 20 limit are allowed for scrimmages/games, and/or when multiple coaches are present
- No spectators at training sessions
- Only outdoors
- Players with fever or any sickness can not participate
- Players/coaches are to use sanitizers before - during breaks - and after training
- No congregating (begin activities upon arrival, upon dismissal players and parents should leave the field)
- Compliance with all state and local guidelines
  - State Yellow Phase guidelines:  
[https://coronavirus-download.utah.gov/business/Yellow/Utahs\\_Low\\_Risk\\_Phase\\_Flyer\\_English.pdf](https://coronavirus-download.utah.gov/business/Yellow/Utahs_Low_Risk_Phase_Flyer_English.pdf)

### Coach requirements:

- Coaches must wear masks when addressing any players within a 6 foot radius
- Disinfect equipment before and after use
- Do not allow sharing of pinnies, water or other equipment at training
- Require parents to confirm player is symptom free before attending by answering three questions:
  - Does player have a temperature greater than or equal to 38°C/100.4°F or less than 35°/95°F
  - Is player currently experiencing any symptoms including fever, cough, shortness of breath, loss of smell or taste, nausea/vomiting/diarrhea?
  - Has anyone in your household tested positive for COVID-19 or exhibited and fever, cough or shortness of breath?
- Require players to have sanitizer to attend training and/or have sanitizer available to the team
- Secure sanitizing wipes for use at facilities with bathrooms. Instruct players to wipe down bathroom equipment before and after use
- Comply with state and local guidelines

### Member Organization Requirements:

- Coaches should report any COVID case affecting players or their family members to Renata Lawson ([renata@coppermountainsoccer.com](mailto:renata@coppermountainsoccer.com))
  - due to privacy concerns we should not share specific player/family information beyond those who need to know for contact tracing etc.

### Game Specific Requirements:

- Spectators should social distance and keep a 6 foot distance between families
- Spectators should remain at least 10 feet from the sideline
- Teams and their respective spectators should be on the same sideline--Home team chooses the side
- No gathering or congregating before or after games
- Teams will forego handshakes/high fives

The club is at risk of losing access to fields if these guidelines are not observed. CMSC will send out updates to these guidelines if requirements change. Thank you for helping us to keep our players healthy!